

Striders Meet of Championships - 5/23/2015
 Orange Coast College
 Results

Event 1 W35 5000 Meter Race Walk

Name	Age Team	Seed	Finals
Finals			
1 Formosa, Jeanne	W38 So Cal Track		28:14.80

Event 1 W60 5000 Meter Race Walk

Name	Age Team	Seed	Finals
1 Rasmussen, Paula	W60 El Segundo, CA		34:54.90

Event 2 M50 5000 Meter Race Walk

Name	Age Team	Seed	Finals
1 Morrow, Art	M50 Palm Desert, CA		31:36.80

Event 2 M65 5000 Meter Race Walk

Name	Age Team	Seed	Finals
1 Campbell, Richard	M69 Orange, CA		33:52.60

Event 3 W45 3000 Meter Run

Name	Age Team	Seed	Finals
1 Gentile, Chris	W45 Castle Rock, CO	10:50.00	11:28.51

Event 4 M40 3000 Meter Run

Name	Age Team	Seed	Finals
1 Ramirez, Juan	M44 Orange, CA	9:30.00	9:45.59
2 Tavera, Paulino	M40 A Snail's Pa		9:57.16
3 Salazar, Gilbert	M42 La Habra, CA	9:45.00	10:19.91

Event 4 M45 3000 Meter Run

Name	Age Team	Seed	Finals
1 Cox, Darren	M45 Laguna Hills, CA		11:02.31
2 Gates Sr, Robert	M46 Banning, CA		11:18.37

Event 4 M50 3000 Meter Run

Name	Age Team	Seed	Finals
1 Demintor, Tyrus	M51 49-Unattache		9:53.62

Event 4 M60 3000 Meter Run

Name	Age Team	Seed	Finals
1 Morris, Bob	M62 Laguna Niguel, CA		12:01.19

Event 4 M80 3000 Meter Run

Name	Age Team	Seed	Finals
-- Harper Jr, John	M81 Seal Beach, CA		DNF

Event 4 M85 3000 Meter Run

Name	Age Team	Seed	Finals
1 Linde, Gunnar	M86 Venice, CA	17.10	15:42.05

Event 5 W50 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind
1 Palmer, Liz	W54 Playa Vista, CA	13.40	13.60	-0.6

Event 5 W55 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind
1 Baron, C	W56 49-Unattache		17.70	-0.6

Event 5 W60 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind
1 Hanscom, Rita	W61 San Diego, CA		14.50	-0.6

Event 6 M70 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind
-- Rowan, Terry	M74 Santa Rosa, CA		DNF	NWI

Event 8 M60 100 Short Hurdles

Name	Age Team	Seed	Finals	Wind
1 Wilson Sr, Thaddeus	M64 Oxnard, CA	14.98	15.66	-0.1
2 McLawhorn, David	M60 Temecula, CA	20.96	20.66	-0.1

Event 10 W40 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Daniels, Goldie aka LaTr	W42 Los Angeles, CA	1:07.00	1:06.54	2
2 Quek, Grace	W43 Los Angeles, CA	1:11.10	1:16.61	2

Event 10 W45 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Edgerly, Grace	W48 Culver City, CA	1:12.00	1:11.58	2

Event 10 W50 400 Meter Dash

Name	Age Team	Seed	Finals
-- Nowakowski, Amanda	W50 Calabasas, CA	1:05.49	DNF

Event 10 W55 400 Meter Dash

Name	Age Team	Seed	Finals
1 Welch-Turner, Rochelle	W56 Los Angeles, CA		1:22.39

Event 10 W65 400 Meter Dash

Name	Age Team	Seed	Finals
1 Schaefer, Betty	W65 Buckeye, AZ	1:23.68	1:22.88
2 Braxton, Freddie	W65 Los Angeles, CA		1:45.34

Event 11 M30 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Jones Jr, Stirley	M30 San Clemente, CA	48.38	50.51	3
2 Dudley, Keith	M31 Oxnard, CA	53.39	53.42	3

Event 11 M35 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Chambers, Keith	M36 Laguna Niguel, CA	52.80	54.56	3

Event 11 M40 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Franco Sr, MarcoAntonio	M44 Harbor City, CA	56.00	57.22	3

Event 11 M45 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Gore, Brian	M47 49-Unattache		58.72	3
2 Coleman, BaoKim	M47 Burbank, CA		1:02.21	3

Event 11 M50 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Dietz, Mike	M51 Laguna Niguel, CA		1:02.09	2
2 Forte, Jonathan	M50 Lake Elsinore, CA	1:09.00	1:07.29	2

Event 11 M55 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Chinn, James	M56 Del Mar, CA		57.20	2

Event 11 M60 400 Meter Dash

Name	Age Team	Seed	Finals
1 Kloch, Stephen	M63 Thousand Oaks, CA	1:05.00	1:06.56
2 Nelson, David	M61 Vista, CA	1:03.00	1:07.11

Event 11 M65 400 Meter Dash

Name	Age Team	Seed	Finals
1 Washington, Michael	M67 Los Angeles, CA		1:13.98

Event 12 W30 1500 Meter Run

Name	Age Team	Seed	Finals
1 Mason, Kate	W31 Irvine, CA		5:20.50

Event 13 M40 1500 Meter Run

Name	Age Team	Seed	Finals
1 Ramirez, Juan	M44 Orange, CA	4:30.00	4:36.47
2 Tavera, Paulino	M40 A Snail's Pa		4:40.14
3 Salazar, Gilbert	M42 La Habra, CA	4:30.00	4:51.90

Event 13 M45 1500 Meter Run

Name	Age Team	Seed	Finals
1 Underwood, Matthew	M48 Yucaipa, CA	4:45.00	4:40.12
2 Cox, Darren	M45 Laguna Hills, CA		4:51.96

Event 13 M55 1500 Meter Run

Name	Age Team	Seed	Finals
1 Nivens, Denny	M58 Hermosa Beach, CA		5:13.98

Event 13 M60 1500 Meter Run

Name	Age Team	Seed	Finals
1 Siddons, Alan	M63 Corona, CA		6:50.55

Event 13 M75 1500 Meter Run

Name	Age Team	Seed	Finals
1 Barkman, Jon	M76 Santa Ana, CA	7:30.00	7:16.84

Event 14 W30 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Varela, Erica	W32 SC Striders		14.63	-1.6	2

Event 14 W40 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Johnson, MaryLou	W40 Oak Hills, CA	13.70	13.98	-1.6	2
2 Quek, Grace	W43 Los Angeles, CA	15.10	16.74	-1.6	2

Event 14 W45 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Barney, Colleen	W48 Newport Beach, CA	13.70	14.78	-1.6	2

Event 14 W50 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Palmer, Liz	W54 Playa Vista, CA	13.70	14.19	-1.6	2
2 Black, Jai	W52 San Diego, CA	13.80	14.61	-1.6	2
3 Baron, Cadence	W50 49-Unattache		16.21	-1.6	2

Event 14 W60 100 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Hanscom, Rita	W61 San Diego, CA		16.00	-3.1
2 Cohn, Linda	W62 Northridge, CA	15.43	16.70	-3.1

Event 14 W65 100 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Matthews, Brenda	W65 Anaheim, CA		15.90	-3.1
2 Schaefer, Betty	W65 Buckeye, AZ	17.50	17.90	-3.1
3 Braxton, Freddie	W65 Los Angeles, CA		21.30	-3.1

Event 14 W75 100 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Bergen, Kathy	W75 La Canada, CA	15.31	16.80	-3.1

Event 15 M29&U 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Godin, Curtis	M18 Seal Beach, CA	10.50	11.15	-2.3	5

Event 15 M30 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Hernandez, Justin	M32 Torrance, CA	11.55	12.19	-2.3	5

Event 15 M35 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Sommars, Nathan	M39 Ventura, CA	12.08	12.06	-2.3	5

Event 15 M45 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Nicholson Jr, Albert	M48 Lakewood, CA	12.80	13.83	-2.3	5

Event 15 M50 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 McCullough Sr, Gary	M53 Cypress, CA		13.42	-2.8	4
2 Kurihara, Jon	M53 Redondo Beach, CA	13.30	14.01	-2.8	4
3 Forte, Jonathan	M50 Lake Elsinore, CA	16.00	14.54	-2.8	4

Event 15 M55 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Chinn, James	M56 Del Mar, CA		12.97	-2.1	3
2 Hill, Philip	M58 Long Beach, CA	13.00	13.79	-2.1	3
3 DiMassa, David	M55 Phoenix, AZ		13.95	-2.8	4
4 Bonilla, James	M59 Los Angeles, CA	14.01	14.70	-2.8	4
5 Reed, Darrell	M57 Beverly Hills, CA	14.00	14.82	-2.8	4
6 Jackson, Gregory	M59 Los Angeles, CA		18.47	-2.1	3

Event 15 M60 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Leake, Damien	M62 Van Nuys, CA	12:06.00	12.36	-1.7	2
2 Pizza, Greg	M61 Vista, CA	12.70	13.02	-1.7	2
3 Ruggless, Joe	M61 Palmdale, CA	12.71	13.12	-1.7	2
4 Crowl, Chip	M60 San Diego, CA	13.00	13.44	-1.7	2
5 Jami, Sayyid	M60 Elite Health		15.17	-1.7	2

Event 15 M65 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Stucki, Ernie	M65 SC Striders		14.23	-1.7	2
2 Rose, Ed	M66 Carlsbad, CA	14.92	15.37	-1.7	2
3 Washington, Michael	M67 Los Angeles, CA		15.96	-1.7	2

Event 15 M70 100 Meter Dash

Name	Age Team	Seed	Finals	Wind
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1	Morris, Rufus	M70 SC Striders	15.23	-1.6
2	Muranaka, Ronnie	M71 Yorba Linda, CA	16.54	-1.6
3	Ryan, Steve	M74 Malibu, CA	19.12	-1.6

Event 15 M75 100 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Thorpe Sr, Karl	M76 Fallbrook, CA	16.00	16.57	-1.6

Event 17 M60 300 Long Hurdles

Name	Age Team	Seed	Finals
1 Wilson Sr, Thaddeus	M64 Oxnard, CA	46.48	50.32
2 Larsen, Bob	M61 Fresno, CA	52.50	54.49
3 McLawhorn, David	M60 Temecula, CA	52.40	55.30

Event 18 W29&U 400 Long Hurdles

Name	Age Team	Seed	Finals
1 Radan, Emma	W19 Santa Ana, CA	1:02.10	1:03.15

Event 19 M45 400 Long Hurdles

Name	Age Team	Seed	Finals
1 Rizzo, Steve	M47 Stevenson Ranch, CA	1:04.14	1:06.62

Event 20 W40 800 Meter Run

Name	Age Team	Seed	Finals
1 Daniels, Goldie aka LaTr	W42 Los Angeles, CA	2:31.08	2:35.82

Event 20 W45 800 Meter Run

Name	Age Team	Seed	Finals
1 Gentile, Chris	W45 Castle Rock, CO	2:18.00	2:24.67

Event 21 M29&U 800 Meter Run

Name	Age Team	Seed	Finals
1 Naden, Bennett	M24 Manhattan Beach, CA	1:54.35	1:58.64
2 Amezcua, Rodolfo	M20 Wilmington, CA	1:59.61	2:03.85

Event 21 M30 800 Meter Run

Name	Age Team	Seed	Finals
1 Thornton, Nicholas	M34 49-Unattache		1:56.62

Event 21 M40 800 Meter Run

Name	Age Team	Seed	Finals
1 Salazar, Gilbert	M42 La Habra, CA	2:20.00	2:26.54

Event 21 M45 800 Meter Run

Name	Age Team	Seed	Finals
1 Gore, Brian	M47 49-Unattache		2:21.26

Event 21 M50 800 Meter Run

Name	Age Team	Seed	Finals
1 Dietz, Mike	M51 Laguna Niguel, CA	2:18.00	2:21.19

Event 22 W40 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Johnson, MaryLou	W40 Oak Hills, CA	28.60	29.25	-2.3	3
2 Quek, Grace	W43 Los Angeles, CA	33.20	35.40	-2.3	3

Event 22 W45 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Edgerly, Grace	W48 Culver City, CA	31.00	32.03	-3.3	2

Event 22 W50 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Black, Jai	W52 San Diego, CA	27.80	29.82	-3.3	2
2 McDonald, Sue	W52 Goleta, CA	30.00	30.91	-3.3	2
3 Ware, Caren	W50 49-Unattache		36.50	-3.3	2

Event 22 W55 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Welch-Turner, Rochelle	W56 Los Angeles, CA		37.74	-3.3	2

Event 22 W60 200 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Bowman, Jeanne	W62 Santa Ana, CA		35.75	-1.7

Event 22 W65 200 Meter Dash

Name	Age Team	Seed	Finals	Wind
1 Schaefer, Betty	W65 Buckeye, AZ	36.68	37.22	-1.7
2 Braxton, Freddie	W65 Los Angeles, CA		46.45	-1.7

Event 23 M30 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Dixon, Evan	M33 Hawthorne, CA	23.37	24.98	-3.2	6
2 Hernandez, Justin	M32 Torrance, CA	24.80	25.84	-3.2	6

Event 23 M35 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Sommars, Nathan	M39 Ventura, CA	24.29	24.41	-3.2	6

Event 23 M40 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
1 Franco Sr, MarcoAntonio	M44 Harbor City, CA	25.20	25.53	-3.2	6

Event 23 M45 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#
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1 Nicholson Jr, Albert	M48 Lakewood, CA	27.50	27.89	-3.2	6
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Event 23 M50 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind	H#
1 McCullouch Sr, Gary	M53 Cypress, CA	26.60	27.55	-3.5	5

Event 23 M55 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind	H#
1 Chinn, James	M56 Del Mar, CA		26.14	-3.7	4
2 DiMassa, David	M55 Phoenix, AZ	26.75	27.58	-3.7	4
3 Hill, Philip	M58 Long Beach, CA	27.03	27.91	-3.7	4
4 Reed, Darrell	M57 Beverly Hills, CA	29.00	31.79	-3.5	5
5 Nivens, Denny	M58 Hermosa Beach, CA		31.86	-3.5	5

Event 23 M60 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind	H#
1 Ruggless, Joe	M61 Palmdale, CA	25.70	27.26	-2.3	3
2 Crowl, Chip	M60 San Diego, CA	27.00	28.63	-2.3	3
3 Kloch, Stephen	M63 Thousand Oaks, CA	27.50	29.45	-2.3	3
4 Jami, Sayyid	M60 Elite Health		30.48	-2.3	3
5 Stone, Kenneth	M60 La Mesa, CA	29.80	31.24	-0.9	2
6 Nelson, David	M61 Vista, CA		31.99	-0.9	2
7 Tipping, Mike	M62 Irvine, CA	31.00	32.41	-0.9	2

Event 23 M65 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind	H#
1 Stucki, Ernie	M65 SC Striders		29.47	-0.9	2
2 Washington, Michael	M67 Los Angeles, CA		31.97	-0.9	2
3 Rose, Ed	M66 Carlsbad, CA	31.85	32.40	-0.9	2

Event 23 M70 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind
1 Ryan, Steve	M74 Malibu, CA		42.68	-1.7

Event 23 M75 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind
1 Thorpe Sr, Karl	M76 Fallbrook, CA	37.60	36.07	-1.7

Event 23 M80 200 Meter Dash

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Name	Age Team	Seed	Finals	Wind
1 Leis, Donald	M83 Pasadena, CA		43.83	-1.7

Event 68 X29&U 4x100 Meter Relay

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Team	Seed	Finals
1 SC Striders Track Club 'A'		50.77
1) Crowl, Chip 60	2) Leake, Damien 62	
3) Ruggless, Joe 61	4) Pizza, Greg 61	
2 Trojan Masters T.C. 'A'		54.91
1) Reed, Darrell 57	2) Washington, Michael 67	
3) Daniels, Goldie aka LaTrease 42	4) Hernandez, Justin 32	
3 49-Unattached 'A'		55.58

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|------------------------------|----------------------|-------|
| 1) Chinn, James 40 | 2) Nelson, Dave 40 | |
| 3) Stuckie, Ernie 40 | 4) Dimassa, David 40 | |
| 4 SC Striders Track Club 'B' | | 56.76 |
| 1) Matthews, Brenda 65 | 2) Varela, Erica 32 | |
| 3) Johnson, MaryLou 40 | 4) Black, Jai 52 | |

Event 50 W45 High Jump

Name	Age Team	Seed	Finals
1 Edgerly, Grace	W48 Culver City, CA		1.10m

Event 50 W50 High Jump

Name	Age Team	Seed	Finals
1 McDonald, Sue	W52 Goleta, CA	1.57m	1.50m
2 Ware, Caren	W50 49-Unattache		1.25m

Event 50 W65 High Jump

Name	Age Team	Seed	Finals
1 Steekelenburg, Annelies	W67 Malibu, CA	1.30m	1.25m

Event 50 W75 High Jump

Name	Age Team	Seed	Finals
1 Bergen, Kathy	W75 La Canada, CA	1.22m	1.21m

Event 51 M55 High Jump

Name	Age Team	Seed	Finals
1 Hlavin, Peter	M57 Aliso Viejo, CA	1.75m	1.70m

Event 51 M60 High Jump

Name	Age Team	Seed	Finals
1 McLawhorn, David	M60 Temecula, CA	1.35m	1.40m
2 Watson, Richard	M62 Yuma, AZ	1.35m	1.20m
3 Nelson, David	M61 Vista, CA	1.40m	1.15m

Event 51 M70 High Jump

Name	Age Team	Seed	Finals
1 Goodreau, James	M70 North hollywood, CA		1.35m
2 Ryan, Steve	M74 Malibu, CA		1.10m
3 Damschen, Ron	M72 El Cajon, CA		1.05m

Event 51 M75 High Jump

Name	Age Team	Seed	Finals
1 Bergen, Bert	M77 La Canada, CA	1.30m	1.20m

Event 51 M80 High Jump

Name	Age Team	Seed	Finals
1 Leis, Donald	M83 Pasadena, CA		1.00m

Event 52 W60 Pole Vault

Name	Age Team	Seed	Finals
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1 Hanscom, Rita	W61 San Diego, CA	2.60m
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Event 53 M40 Pole Vault

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Name	Age Team	Seed	Finals
1 Carranza, Stanley	M40 Whittier, CA		3.65m
2 Girley, Dedrick	M43 Carlsbad, CA	3.20m	3.05m

Event 53 M50 Pole Vault

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Name	Age Team	Seed	Finals
1 McIntyre, Tim	M54 Seal Beach, CA	3.96m	4.00m

Event 53 M60 Pole Vault

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Name	Age Team	Seed	Finals
1 Mead, Murray	M60 49-Unattache		3.05m

Event 53 M65 Pole Vault

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Name	Age Team	Seed	Finals
1 Morris, Steve	M65 49-Unattache		3.05m

Event 54 W30 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 Varela, Erica	W32 SC Striders		4.13m	3.6

Event 54 W50 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 Baron, Cadence	W50 49-Unattache		3.80m	0.6
2 Ware, Caren	W50 49-Unattache		3.70m	2.2
3 Jones, Jennifer	W54 Carson, CA	3.05m	2.78m	0.9

Event 54 W60 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 Cohn, Linda	W62 Northridge, CA	3.80m	3.95m	3.8

Event 55 M50 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 McCullough Sr, Gary	M53 Cypress, CA	4.79m	4.85m	2.2
2 Culp, Logan	M50 49-Unattache		4.21m	3.5

Event 55 M55 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 Jackson, Gregory	M59 Los Angeles, CA		2.91m	1.4

Event 55 M65 Long Jump

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Name	Age Team	Seed	Finals	Wind
1 Rose, Ed	M66 Carlsbad, CA	3.80m	4.10m	1.1

Event 55 M70 Long Jump

Name	Age Team	Seed	Finals	Wind
1 Morris, Rufus	M70 SC Striders		4.71m	1.6
2 Ryan, Steve	M74 Malibu, CA		3.16m	1.0
3 Damschen, Ron	M72 El Cajon, CA		2.92m	2.0

Event 55 M75 Long Jump

Name	Age Team	Seed	Finals	Wind
1 Harwood, Jerry	M76 Oxnard, CA	4.00m	2.14m	1.9

Event 56 W60 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 Cohn, Linda	W62 Northridge, CA	8.50m	7.72m	3.5

Event 57 M50 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 Culp, Logan	M50 49-Unattache		9.29m	3.8

Event 57 M60 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 McLawhorn, David	M60 Temecula, CA	8.80m	8.37m	2.7

Event 57 M65 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 Tomaschke, John	M65 San Diego, CA	10.20m	9.51m	2.8
2 Rose, Ed	M66 Carlsbad, CA	7.88m	8.23m	2.9

Event 57 M70 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 Morris, Rufus	M70 SC Striders		8.88m	2.5
2 Damschen, Ron	M72 El Cajon, CA		5.84m	3.0
3 Ryan, Steve	M74 Malibu, CA		5.75m	3.1

Event 57 M75 Triple Jump

Name	Age Team	Seed	Finals	Wind
1 Harwood, Jerry	M76 Oxnard, CA	4.00m	3.97m	3.1

Event 58 W60 Discus Throw

Name	Age Team	Seed	Finals
1 Cohn, Linda	W62 Northridge, CA	24.00m	23.84m
2 Hanscom, Rita	W61 San Diego, CA		22.00m

Event 58 W75 Discus Throw

Name	Age Team	Seed	Finals
1 Bergen, Kathy	W75 La Canada, CA		20.76m

Event 59 M50 Discus Throw

Name	Age Team	Seed	Finals
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1 Stensrud, Paul	M50 Lake Arrowhead, CA	41.06m
2 Culp, Logan	M50 49-Unattache	31.63m

Event 59 M55 Discus Throw

Name	Age Team	Seed	Finals
1 Holden, Greg	M57 Corona, CA	39.00m	35.86m

Event 59 M60 Discus Throw

Name	Age Team	Seed	Finals
1 Watson, Richard	M62 Yuma, AZ	40.23m	38.79m
2 Rice, Robert	M60 Los Alamitos, CA	37.00m	35.02m
3 Tipping, Mike	M62 Irvine, CA	33.09m	32.20m
4 Crowl, Chip	M60 San Diego, CA	27.00m	29.24m
5 McLawhorn, David	M60 Temecula, CA	32.40m	26.97m

Event 59 M65 Discus Throw

Name	Age Team	Seed	Finals
1 Hart, Larry	M68 Los Angeles, CA	43.00m	41.89m

Event 59 M70 Discus Throw

Name	Age Team	Seed	Finals
1 Merkowitz, David	M73 Santa Barbara, CA	38.98m	36.43m
2 Damschen, Ron	M72 El Cajon, CA		28.80m

Event 59 M75 Discus Throw

Name	Age Team	Seed	Finals
1 Harwood, Jerry	M76 Oxnard, CA	28.00m	26.49m
2 Barry, Lawrence	M76 San Diego, CA	87.00m	24.57m
3 Johnson, Richard	M77 San Diego, CA	24.00m	24.52m
4 Ginsburg md, Marvin	M79 Simi Valley, CA		19.81m

Event 59 M80 Discus Throw

Name	Age Team	Seed	Finals
1 Durrenberger, Joe	M80 Los Angeles, CA		20.33m

Event 59 M90 Discus Throw

Name	Age Team	Seed	Finals
1 Roser, Donald	M91 Apple Valley, CA		15.93m

Event 62 W50 Javelin Throw

Name	Age Team	Seed	Finals
1 Ware, Caren	W50 49-Unattache		18.66m

Event 62 W60 Javelin Throw

Name	Age Team	Seed	Finals
1 Cohn, Linda	W62 Northridge, CA	35.00m	34.89m
2 Hanscom, Rita	W61 San Diego, CA		25.91m

Event 62 W75 Javelin Throw

Name	Age Team	Seed	Finals
1 Bergen, Kathy	W75 La Canada, CA		17.79m

Event 63 M50 Javelin Throw

Name	Age Team	Seed	Finals
1 Culp, Logan	M50 49-Unattache		33.08m
2 Morrow, Art	M50 Palm Desert, CA		18.59m

Event 63 M55 Javelin Throw

Name	Age Team	Seed	Finals
1 Holden, Greg	M57 Corona, CA	41.00m	35.65m
-- Shea, Mike	M55 49-Unattache		ND

Event 63 M60 Javelin Throw

Name	Age Team	Seed	Finals
1 Hamel, David	M61 Yorba Linda, CA	46.00m	46.24m
2 Warmerdam, Barry	M62 Reedley, CA	40.76m	36.96m
3 Watson, Richard	M62 Yuma, AZ	37.97m	34.94m
4 McLawhorn, David	M60 Temecula, CA	31.40m	28.68m
5 Crawl, Chip	M60 San Diego, CA	27.00m	28.60m

Event 63 M65 Javelin Throw

Name	Age Team	Seed	Finals
1 Rook, Ron	M66 Coto De Caza, CA		31.17m

Event 63 M70 Javelin Throw

Name	Age Team	Seed	Finals
1 Damschen, Ron	M72 El Cajon, CA		30.07m
2 Merkowicz, David	M73 Santa Barbara, CA	33.05m	29.77m

Event 63 M75 Javelin Throw

Name	Age Team	Seed	Finals
1 Barry, Lawrence	M76 San Diego, CA	28.00m	32.74m
2 Johnson, Richard	M77 San Diego, CA	24.00m	18.00m
3 Harwood, Jerry	M76 Oxnard, CA	19.00m	16.62m

Event 63 M80 Javelin Throw

Name	Age Team	Seed	Finals
1 Durrenberger, Joe	M80 Los Angeles, CA		14.87m

Event 63 M90 Javelin Throw

Name	Age Team	Seed	Finals
1 Roser, Donald	M91 Apple Valley, CA		17.89m

Event 64 W45 Shot Put

Name	Age Team	Seed	Finals
1 Edgerly, Grace	W48 Culver City, CA		5.80m

Event 64 W50 Shot Put

Name	Age Team	Seed	Finals
1 Jones, Jennifer	W54 Carson, CA		6.78m
2 Ware, Caren	W50 49-Unattache		6.37m

Event 64 W60 Shot Put

Name	Age Team	Seed	Finals
1 Cohn, Linda	W62 Northridge, CA	9.50m	9.00m

Event 65 M35 Shot Put

Name	Age Team	Seed	Finals
1 Rainis, Mike	M36 Capistrano Beach, C		14.26m

Event 65 M55 Shot Put

Name	Age Team	Seed	Finals
1 Holden, Greg	M57 Corona, CA	13.42m	13.11m
2 Keyes, Eric	M57 Santa Fe, NM		10.66m

Event 65 M60 Shot Put

Name	Age Team	Seed	Finals
1 Torbert, Quenton	M60 49-Unattache		12.00m
2 Watson, Richard	M62 Yuma, AZ	11.23m	10.05m

Event 65 M65 Shot Put

Name	Age Team	Seed	Finals
1 Hart, Larry	M68 Los Angeles, CA	10.00m	10.02m

Event 65 M70 Shot Put

Name	Age Team	Seed	Finals
1 Widmer, Ronald	M72 San Diego, CA	9.00m	9.00m
2 Damschen, Ron	M72 El Cajon, CA		8.63m

Event 65 M75 Shot Put

Name	Age Team	Seed	Finals
1 Hurlbert, Ken	M75 Bakersfield, CA		11.14m
2 Barry, Lawrence	M76 San Diego, CA	9.00m	10.01m
3 Ginsburg md, Marvin	M79 Simi Valley, CA		8.57m
4 Harwood, Jerry	M76 Oxnard, CA	9.00m	8.46m
5 Johnson, Richard	M77 San Diego, CA	9.00m	8.36m

Event 65 M80 Shot Put

Name	Age Team	Seed	Finals
1 Durrenberger, Joe	M80 Los Angeles, CA		9.26m
2 Smith, Ernie	M81 Arcadia, CA		8.38m