

MEET OF CHAMPIONS

SUNDAY, APRIL 26

CERRITOS COLLEGE / 11110 Alondra Blvd / Norwalk, CA

MEET DETAILS/Schedule as of 4/15/26



- USATF Sanctioned-Membership required
- Men & Women | Masters 25+ and open athletes
- 5-Year Age Divisions
- Medals for 1st–3rd Place
- West Region and SCA Championship Medals for Region and So Cal based Club Athletes only

ENTRY Times and FEES

- On Time (through April 19): \$60 for first event + \$10 each additional event (includes personalized souvenir bib)
- Late Entries April 20-22: \$60 first event + \$10 each additional event + \$15 late fee
- Day of registration includes a \$20 late fee
- Open Athletes w/o USATF membership register day of Meet without penalty

IMPORTANT TIMES

- Athlete Check-In: 8:00 AM / Implement Check-In: 8:00-12:30 / Day of entries until 10:00
- Register at www.scstriders.org Questions: stridersmoc@outlook.com

TRACK EVENTS			FIELD EVENTS		
Time	Group	Event	Time	Group	Event
8:30	M/W	3000m RW	THROWS		
9:00	M/W	5000m run	9:30	All	Javelin 2 runways
9:45	Women	50m	10:45	Women	Shot
10:00	Men	50m	10:55	Men	Discus
10:15	Women	80mh	11:30-12:00	Officials #1	Lunch
10:30	Men	80mh	12:00-12:30	Officials #2	Lunch
10:45	Men	100mh	12:30	Women	Discus
11:00	Men	110mh	12:30	Men	Shot
11:15	Women	400m	1:45	Women	Weight <i>South Cage</i>
11:30	Men	400m	1:45	Men	Hammer <i>North Cage</i>
11:45	Women	100m	2:45	Women	Hammer <i>North Cage</i>
12:00	Men	100m	2:45	Men	Weight <i>South Cage</i>
12:15	All	1500m			
12:30-1:00	Officials	Lunch Break			
1:00	Women	300mh			
1:15	Men	300mh			
1:30	Women	400mh			
1:45	Men	400mh			
2:00	Women	800m	JUMPS/VAULT		
2:15	Men	800m	9:30	All	High Jump
2:30	Women	200m	9:30-11:00	All-Open Pit	Long Jump
2:45	Men	200m	11:30-1:00	All-Open Pit	Triple Jump
3:00	All	4x100 relay	1:00	All	Pole Vault