

Striders Meet of Championships - 5/26/2019

Santa Ana College

Results

W29&U 100 Meter Dash**Finals**

1	Barbarush, Jessica	W18	Unattached	12.76	2.1
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W30 100 Meter Dash**Finals**

1	Manso, Ashley	W32	Unattached	15.62	2.1
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W40 100 Meter Dash**Finals**

1	Mann, Elly	W43	Great Britai	13.89	2.1
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2	Goudeau, Omega	W41	Unattached	14.85	2.1
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W50 100 Meter Dash**Finals**

1	Barney, Colleen	W52	Joy's Jackra	13.77	2.1
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2	Lee, Suzette	W54	SC Striders	15.29	2.1
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3	Clarke, Amanda	W54	Joy's Jackra	15.74	2.1
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W55 100 Meter Dash**Finals**

1	McDonald, Sue	W55	T.H.E. Track Clu	14.43	2.1
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W60 100 Meter Dash**Finals**

1	Ludwig, Rae	W61	Unattached	18.88	1.9
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W65 100 Meter Dash**Finals**

1	Kelly, Pat	W69	Balboa Track	17.70	1.9
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W75 100 Meter Dash**Finals**

1	Bergen, Kathy	W79	SC Striders	16.41	1.9
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M29&U 100 Meter Dash**Finals**

1	Maturan, James	M25	Unattached	12.25	1.3
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2	Lopez, Luiz	M24	Unattached	13.12	1.3
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M30 100 Meter Dash**Finals**

1	Dixon, Zach	M32	Unattached	12.63	1.3
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M35 100 Meter Dash**Finals**

1	Hernandez, Justin	M36	So Cal Track	12.44	1.3
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M40 100 Meter Dash**Finals**

1	Jean, Ronald	M41	Unattached	11.77	1.7
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2	Dixon, Paul	M41	Unattached	12.24	1.7
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3	Sommars, Nathan	M43	Pacific Coas	12.33	1.7
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4	Triana, Asniel	M40	So Cal Track	19.96	1.7
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M45 100 Meter Dash**Finals**

1	Franco Sr, MarcoAntonio	M48	Trojan Maste	12.44	1.7
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M50 100 Meter Dash**Finals**

1	Pace, Larry	M53	SC Striders	13.73	1.9
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2	Nicholson, Albert	M52	Unattached	13.88	1.9
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3	Clemons, Tony TC	M53	Trojan Maste	19.72	1.9
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M55 100 Meter Dash**Finals**

1	Foster, Robert	M57	So Cal Track	12.22	1.9
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2	Biggers, Kevin	M57	Unattached	13.06	1.9
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3	McCullough Sr, Gary	M57	Unattached	13.10	1.9
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4	Wilson, Victor	M59	Trinidad and	13.87	1.9
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5	Allaire, John	M59	Unattached	14.27	1.9
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6	Conferti Jr, Ronald	M55	Unattached	15.64	1.9
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M60 100 Meter Dash**Finals**

1	Chinn, James	M60	So Cal Track	12.83	2.0
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2	McLawhorn, David	M64	So Cal Track	13.95	2.9
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3	Madison, Clifford	M61	Unattached	14.10	2.0
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4	Foreman, Keith	M61	Trojan Maste	14.16	2.0
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M65 100 Meter Dash**Finals**

1	Leake, Damien	M66	SC Striders	12.87	2.9
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2	Richardson, Robert	M66	SC Striders	14.40	2.9
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3	Lyons, Patrick	M69	SC Striders	16.36	2.9
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M70 100 Meter Dash**Finals**

1	Parnell, Roger	M70	Sierra Gold	13.27	4.0
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2	Ziskin, Daniel	M71	Unattached	14.53	4.0
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3	Rose, Ed	M70	Unattached	15.82	4.0
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M75 100 Meter Dash**Finals**

1	Smith, Doug	M79	SC Striders	15.23	4.0
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2	Ryan, Steve	M78	Unattached	19.84	4.0
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W30 200 Meter Dash**Finals**

1	Manso, Ashley	W32	Unattached	32.79	+0.0
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W40 200 Meter Dash**Finals**

1	Goudeau, Omega	W41	Unattached	32.10	+0.0
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W60 200 Meter Dash**Finals**

1	Ludwig, Rae	W61	Unattached	40.03	2.0
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W65 200 Meter Dash**Finals**

1	Kelly, Pat	W69	Balboa Track	37.41	2.0
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2	Bowman, Jeanne	W66	SC Striders	38.18	2.0
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Results

M29&U 200 Meter Dash**Finals**

1	Maturan, James	M25	Unattached	25.85	2.3
2	Lopez, Luiz	M24	Unattached	26.97	2.3

M30 200 Meter Dash**Finals**

1	B, Stevey	M30	Unattached	24.28	2.3
2	Dixon, Zach	M32	Unattached	25.21	2.3
3	Douglas Jr, Shawn	M30	Unattached	25.25	2.3

M35 200 Meter Dash**Finals**

1	Hernandez, Justin	M36	So Cal Track	26.19	2.3
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M40 200 Meter Dash**Finals**

1	Dixon, Paul	M41	Unattached	24.59	2.3
2	Sommars, Nathan	M43	Pacific Coas	25.03	2.3
3	Jean, Ronald	M41	Unattached	25.38	2.3

M45 200 Meter Dash**Finals**

1	Franco Sr, MarcoAntonio	M48	Trojan Maste	24.96	1.5
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M55 200 Meter Dash**Finals**

1	Foster, Robert	M57	So Cal Track	25.20	1.5
2	McCullouch Sr, Gary	M57	Unattached	26.70	1.5
3	Wilson, Victor	M59	Trinidad and	28.90	1.5
4	Melinski, Michael	M55	USC	29.90	1.5
5	Conferti Jr, Ronald	M55	Unattached	33.28	1.5

M60 200 Meter Dash**Finals**

1	Chinn, James	M60	So Cal Track	26.37	1.8
2	Madison, Clifford	M61	Unattached	29.77	1.8

M70 200 Meter Dash**Finals**

1	Parnell, Roger	M70	Sierra Gold	28.35	+0.0
2	Ziskin, Daniel	M71	Unattached	31.33	+0.0
3	Lindsley, Frederick	M74	So Cal Track	31.72	+0.0
4	Rose, Ed	M70	Unattached	33.56	+0.0

M75 200 Meter Dash**Finals**

1	Ryan, Steve	M78	Unattached	45.01	+0.0
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W40 400 Meter Dash**Finals**

1	Valla, Bree	W41	Unattached	1:23.88
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W55 400 Meter Dash**Finals**

1	McDonald, Sue	W55	T.H.E. Track Clu	1:04.65
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W65 400 Meter Dash**Finals**

1	Bowman, Tina	W66	Unattached	1:25.63
2	Kelly, Pat	W69	Balboa Track	1:28.90

M30 400 Meter Dash**Finals**

1	B, Stevey	M30	Unattached	56.03
2	Douglas Jr, Shawn	M30	Unattached	56.91

M45 400 Meter Dash**Finals**

1	Franco Sr, MarcoAntonio	M48	Trojan Maste	58.17
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M50 400 Meter Dash**Finals**

1	Pence, Patrick	M51	Cal Coast Tr	1:02.37
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M55 400 Meter Dash**Finals**

1	Lee, James	M58	SC Striders	1:13.09
2	Conferti Jr, Ronald	M55	Unattached	1:16.78

M60 400 Meter Dash**Finals**

1	Lewis, Mark	M60	SC Striders	1:01.20
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M65 400 Meter Dash**Finals**

1	Nelson, David	M65	Unattached	1:13.86
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M70 400 Meter Dash**Finals**

1	Lindsley, Frederick	M74	So Cal Track	1:11.13
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W40 800 Meter Run**Finals**

1	Valla, Bree	W41	Unattached	3:14.93
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W50 800 Meter Run**Finals**

1	Geurrini, Liz	W50	Unattached	2:48.63
2	Centeno, Christine	W53	So Cal Track	3:02.01

W60 800 Meter Run**Finals**

1	Byrne, Alisa	W61	Pacific Coas	3:28.46
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M40 800 Meter Run**Finals**

1	Whittington, Kurt	M41	Cal Coast Tr	2:19.46
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M45 800 Meter Run**Finals**

1	Cox, Darren	M49	So Cal Track	2:21.23
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M50 800 Meter Run**Finals**

1	Ozier, Leif	M54	So Cal Track	2:27.74
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Finals ... (M50 800 Meter Run)					M55 3000 Meter Run				
2	Nguyen, Trung	M54	Unattached	2:28.79	Finals				
M55 800 Meter Run					1	Peterson, Bradley	M55	Cal Coast Tr	10:06.12
Finals					2	Mayne, Richard	M55	Trojan Maste	11:06.45
1	Allen, McDuffrie	M57	Unattached	2:20.63	3	Cupp, Tom	M58	So Cal Track	11:41.29
M60 800 Meter Run					4	Hutchen, Radell	M56	Arc Run Club	11:52.47
Finals					M65 3000 Meter Run				
1	Nelson, Brian	M61	Cal Coast Tr	2:31.32	Finals				
M65 800 Meter Run					1	Siddons, Alan	M67	Unattached	18:18.19
Finals					M90 3000 Meter Run				
1	Pittman, Patrick	M66	Trojan Maste	4:17.05	Finals				
M70 800 Meter Run					1	Linde, Gunnar	M90	Santa Monica	19:44.71
Finals					M70 80 Short Hurdles				
1	Gast, Monte	M71	Unattached	3:56.46	Finals				
W50 1500 Meter Run					1	Parnell, Roger	M70	Sierra Gold	13.34 NWI
Finals					M60 100 Short Hurdles				
1	Geurrini, Liz	W50	Unattached	5:30.14	Finals				
M60 1500 Meter Run					1	McLawhorn, David	M64	So Cal Track	20.77 NWI
Finals					M65 100 Short Hurdles				
1	Byrne, Alisa	W61	Pacific Coas	6:49.85	Finals				
M40 1500 Meter Run					---	Malin, James	M68	Balboa Track	DNF NWI
Finals					W60 High Jump				
1	Whittington, Kurt	M41	Cal Coast Tr	4:55.18	Finals				
M45 1500 Meter Run					1	Smith, Darcy	W60	Unattached	1.00m
Finals					W65 High Jump				
1	Cox, Darren	M49	So Cal Track	4:44.28	Finals				
M60 1500 Meter Run					1	Hanscom, Rita	W65	Balboa Track	1.25m
Finals					W70 High Jump				
1	Nelson, Brian	M61	Cal Coast Tr	5:02.22	Finals				
2	Stromberg, Carl	M64	Unattached	5:38.28	1	Steekelenburg, Annelies	W71	SC Striders	1.22m
M65 1500 Meter Run					2	Glass, LaTanya	W72	SC Striders	1.05m
Finals					W75 High Jump				
1	Morris, Bob	M66	Unattached	6:19.29	Finals				
W60 3000 Meter Run					1	Bergen, Kathy	W79	SC Striders	1.15m
Finals					M55 High Jump				
1	Lee, Debbie	W62	So Cal Track	13:07.82	Finals				
M30 3000 Meter Run					1	Melinski, Michael	M55	USC	1.35m
Finals					M65 High Jump				
1	Tight, Andrew	M31	Arc Run Club	9:59.52	Finals				
M45 3000 Meter Run					1	Nelson, David	M65	Unattached	1.30m
Finals					M70 High Jump				
1	Fitzpatrick, Mark	M46	Unattached	10:03.23	Finals				
2	Cox, Darren	M49	So Cal Track	10:36.92	1	Goodreau, James	M74	Unattached	1.25m
					M75 High Jump				
					Finals				
					1	Ryan, Steve	M78	Unattached	1.05m

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M80 High Jump**Finals**

1	Bergen, Bert	M81	SC Striders	1.05m
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M85 High Jump**Finals**

1	Leis, Donald	M87	SC Striders	0.90m
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M60 Pole Vault**Finals**

1	McLawhorn, David	M64	So Cal Track	2.90m
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M70 Pole Vault**Finals**

1	Gast, Monte	M71	Unattached	1.85m
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W65 Long Jump**Finals**

1	Cohn, Linda	W66	SC Striders	3.66m	NWI
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M55 Long Jump**Finals**

1	Allaire, John	M59	Unattached	4.49m	NWI
2	Melinski, Michael	M55	USC	4.32m	NWI
3	Wilson, Victor	M59	Trinidad and	3.96m	NWI

M60 Long Jump**Finals**

1	McLawhorn, David	M64	So Cal Track	4.37m	NWI
2	Strickland, Dale	M62	Unattached	3.64m	NWI

M65 Long Jump**Finals**

1	Leake, Damien	M66	SC Striders	4.80m	NWI
2	Malin, James	M68	Balboa Track	3.90m	NWI
3	Pittman, Patrick	M66	Trojan Maste	3.08m	NWI
4	Watson, Richard	M66	AZ Desert Th	2.90m	NWI

M70 Long Jump**Finals**

1	Parnell, Roger	M70	Sierra Gold	4.94m	NWI
2	Rose, Ed	M70	Unattached	3.60m	NWI
3	Gast, Monte	M71	Unattached	3.37m	NWI

M75 Long Jump**Finals**

1	Ryan, Steve	M78	Unattached	3.08m	NWI
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M85 Long Jump**Finals**

1	Leis, Donald	M87	SC Striders	2.41m	NWI
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M60 Triple Jump**Finals**

1	McLawhorn, David	M64	So Cal Track	8.84m	NWI
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M65 Triple Jump**Finals**

1	Tomaschke, John	M69	So Cal Track	8.97m	NWI
2	Tipping, Mike	M66	So Cal Track	7.34m	NWI

M70 Triple Jump**Finals**

1	Gast, Monte	M71	Unattached	6.00m	NWI
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W50 Shot Put**Finals**

1	Lee, Suzette	W54	SC Striders	8.50m
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W55 Shot Put**Finals**

1	Utu, Robyn	W55	SC Striders	8.56m
2	McDonald, Sue	W55	T.H.E. Track Clu	8.52m

W60 Shot Put**Finals**

1	Smith, Darcy	W60	Unattached	5.92m
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W65 Shot Put**Finals**

1	Cohn, Linda	W66	SC Striders	8.59m
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W70 Shot Put**Finals**

1	Glass, LaTanya	W72	SC Striders	8.14m
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M40 Shot Put**Finals**

1	McDonald, Trevor	M40	Unattached	10.67m
2	Triana, Asniel	M40	So Cal Track	10.19m

M50 Shot Put**Finals**

1	Rizzo, Steve	M51	Unattached	8.76m
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M55 Shot Put**Finals**

1	Starkey, Paul	M55	Unattached	12.04m
2	Allaire, John	M59	Unattached	11.62m

M60 Shot Put**Finals**

1	Holden, Greg	M61	So Cal Track	15.15m
2	Strickland, Dale	M62	Unattached	8.55m

M65 Shot Put**Finals**

1	Torbert, Quenton	M67	So Cal Track	15.28m
2	Malin, James	M68	Balboa Track	10.74m
3	Watson, Richard	M66	AZ Desert Th	9.10m
4	Young, Ed	M65	Unattached	7.58m

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M70 Shot Put**Finals**

1	Gast, Monte	M71	Unattached	8.88m
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M75 Shot Put**Finals**

1	Hurlbert, Ken	M79	So Cal Track	10.22m
2	Widmer, Ronald	M76	Balboa Track	9.42m

M80 Shot Put**Finals**

1	Barry, Lawrence	M80	Unattached	9.10m
2	Durrenberger, Joe	M84	So Cal Track	7.82m
3	Johnson, Richard	M81	Unattached	7.60m

W50 Discus Throw**Finals**

1	Lee, Suzette	W54	SC Striders	19.17m
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W55 Discus Throw**Finals**

1	Utu, Robyn	W55	SC Striders	20.71m
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W60 Discus Throw**Finals**

1	Smith, Darcy	W60	Unattached	16.27m
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W65 Discus Throw**Finals**

1	Braxton, Freddie	W69	Trojan Maste	8.72m
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W70 Discus Throw**Finals**

1	Steekelenburg, Annelies	W71	SC Striders	19.10m
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M40 Discus Throw**Finals**

1	Triana, Asniel	M40	So Cal Track	34.22m
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M50 Discus Throw**Finals**

1	Rizzo, Steve	M51	Unattached	26.19m
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M55 Discus Throw**Finals**

1	Starkey, Paul	M55	Unattached	37.22m
2	Allaire, John	M59	Unattached	33.94m

M60 Discus Throw**Finals**

1	Holden, Greg	M61	So Cal Track	43.73m
2	McLawhorn, David	M64	So Cal Track	31.75m
3	Strickland, Dale	M62	Unattached	30.26m

M65 Discus Throw**Finals**

1	Watson, Richard	M66	AZ Desert Th	34.45m
2	Young, Ed	M65	Unattached	21.94m

M70 Discus Throw**Finals**

1	Rose, Ed	M70	Unattached	24.71m
2	Gast, Monte	M71	Unattached	21.58m

M75 Discus Throw**Finals**

1	Widmer, Ronald	M76	Balboa Track	20.74m
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M80 Discus Throw**Finals**

1	Barry, Lawrence	M80	Unattached	21.25m
2	Johnson, Richard	M81	Unattached	19.36m
3	Durrenberger, Joe	M84	So Cal Track	17.88m

W50 Hammer Throw**Finals**

1	Lee, Suzette	W54	SC Striders	22.84m
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W55 Hammer Throw**Finals**

1	Utu, Robyn	W55	SC Striders	20.84m
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M29&U Hammer Throw**Finals**

1	Mckhann, Mason	M17	Unattached	53.88m
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M60 Hammer Throw**Finals**

1	McLawhorn, David	M64	So Cal Track	26.56m
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M65 Hammer Throw**Finals**

1	Goldhammer, John	M65	Unattached	56.48m
2	Watson, Richard	M66	AZ Desert Th	37.88m

M75 Hammer Throw**Finals**

1	Widmer, Ronald	M76	Balboa Track	25.06m
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M80 Hammer Throw**Finals**

1	Barry, Lawrence	M80	Unattached	24.90m
2	Johnson, Richard	M81	Unattached	24.56m
3	Durrenberger, Joe	M84	So Cal Track	21.79m

W50 Javelin Throw**Finals**

1	Lee, Suzette	W54	SC Striders	22.95m
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W55 Javelin Throw**Finals**

1	Utu, Robyn	W55	SC Striders	12.66m
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W60 Javelin Throw**Finals**

1	Smith, Darcy	W60	Unattached	12.23m
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W65 Javelin Throw**Finals**

1	Cohn, Linda	W66	SC Striders	34.64m
2	Bowman, Tina	W66	Unattached	20.87m

W75 Javelin Throw**Finals**

1	Bergen, Kathy	W79	SC Striders	17.18m
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M40 Javelin Throw**Finals**

1	McDonald, Trevor	M40	Unattached	35.87m
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M50 Javelin Throw**Finals**

1	Rizzo, Steve	M51	Unattached	25.78m
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M60 Javelin Throw**Finals**

1	Strickland, Dale	M62	Unattached	28.88m
2	McLawhorn, David	M64	So Cal Track	26.85m

M65 Javelin Throw**Finals**

1	Watson, Richard	M66	AZ Desert Th	28.50m
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M70 Javelin Throw**Finals**

1	Gast, Monte	M71	Unattached	28.44m
2	Rook, Ron	M70	Unattached	26.57m
3	Rose, Ed	M70	Unattached	24.84m
4	Lawson, Paul	M72	Pilgrim Pace	16.74m

M75 Javelin Throw**Finals**

1	Widmer, Ronald	M76	Balboa Track	20.38m
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M80 Javelin Throw**Finals**

1	Barry, Lawrence	M80	Unattached	24.32m
2	Johnson, Richard	M81	Unattached	15.87m

W50 Weight Throw**Finals**

1	Lee, Suzette	W54	SC Striders	9.09m
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W55 Weight Throw**Finals**

1	Utu, Robyn	W55	SC Striders	7.75m
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M60 Weight Throw**Finals**

1	McLawhorn, David	M64	So Cal Track	11.61m
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M65 Weight Throw**Finals**

1	Goldhammer, John	M65	Unattached	20.20m
2	Watson, Richard	M66	AZ Desert Th	12.85m

M75 Weight Throw**Finals**

1	Widmer, Ronald	M76	Balboa Track	9.76m
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M80 Weight Throw**Finals**

1	Barry, Lawrence	M80	Unattached	10.32m
2	Johnson, Richard	M81	Unattached	10.13m
3	Durrenberger, Joe	M84	So Cal Track	9.26m

W60 3000 Meter Race Walk**Finals**

1	Rasmussen, Paula	W64	Unattached	20:58.43
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M50 3000 Meter Race Walk**Finals**

1	Deegan, G	M51	Arc Run Club	17:38.46
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M70 3000 Meter Race Walk**Finals**

1	Campbell, Richard	M73	So Cal Track	17:35.09
2	Lawson, Paul	M72	Pilgrim Pace	20:07.37