

51 YEARS OF STRIDER'S PRIDE

Charlotte, North Carolina according to all that attended was the hottest ever! Temperatures raised to over 100 degrees forcing the NC fire department to shutdown the competition. Despite the unbearable temperatures the Southern California Striders rose to the challenge.

Results:

100 meters

1st place: Stan Whitley M 60,

Kathy Bergen W 65

3rd place: Doug Smith M 65,

6th place: Lorraine Tucker W55

7th place: Jim Selby M75

200 meters:

1st place: Stan Whitley M60,

Kathy Bergen W 65, Gerry Davidson W85

3rd place: Doug Smith M 65

400 meters:

1st place: Gerry Davidson W85

2nd place: Stan Whitley M 60

3rd place: Jim Selby M 75

800 meters:

1st place: Gerry Davidson W85

1500 meters

1st place: Gerry Davidson W85

2nd place: Jim Selby M75

High Jump:

1st place: Kathy Bergen W65

Shot Put:

1st place: Arnie Gaynor

Hammer

1st place: Arnie Gaynor

Javelin:

3rd place: Arnie Gaynor

4th place: Kathy Bergen

Congratulations to all of the Champions!



The Annual Awards Banquet was held again this year at the very Elegant Foxfire Restaurant.

Ron Allice was our keynote speaker who spoke about track and field then and now. He shared with the group his experiences as the head Track and Field coach at USC. We were truly honored to hear Ron's speech. In addition to an enlighten speech, Ron brought with him Track and Field annuals dating back to 1948. Many striders were able to locate their records from back in the days. What a treat?

Kathy Bergen, Jeanne Bowman, Ellen Brannigan, Gerry Davidson, Bob Davidson, Al Escobosa, Raymond Fitzhugh, Francis Kishi, Magdalena Kuehne, Arnold Gaynor, Lee Gillespie, Kathy Jaeger, Don Leis, Patrick Lyon, Ron Muranaka, Rick Muth, Willie Roberson, Michael Rubino, Debbie Selby, Jim Selby, Doug Smith, Annelies Steekelenbury, Christina Stone, Roger Tsuda, Lorraine Tucker, Johnnye Valien, Theo Vitz, Stan

Whitley, and Brenda Matthews were among the Striders recognized for demonstrating their Strider's Pride at Western Regional, National Indoor and Outdoor Champions.

Debbie Selby received the Runagade Award. This reward recognizes an athlete's determination, and hard work to compete no matter the challenge.

Jeanne Bowman was rewarded female athlete of the year.

Stan Whitley was awarded top male athlete of the year.

Kathy Bergen walked away with the top honor of the night as she received the Dr. Robert Watanabe award.

MASTERS AGE GROUP ATHLETES OF THE YEAR

Special recognition to the Striders who was recognized by USATF as masters age group athletes of the year:

- ◆ **Antwon Dussett M30-34 - Track**
- ◆ **Stan Whitley M60-64- Track**
- ◆ **Kathy Bergen W65-69 -Track**
- ◆ **Magdalena Kuehne W75-59- Track**
- ◆ **Johnny Valien W80-84 - Field**
- ◆ **Gerry Davidson W85-89 - Track**

So it is with life:

How many people besides athletes have the courage to display their weaknesses as well as their strengths before thousands of people? Nowhere else but in the sports world does one dare to lose so often, hope to win so much, try over and over so many times for perfection, or give so much so often.

The athlete knows the price of excellence, the worth of pain, the desirability of joy and the self's ability to achieve.

To learn to compete well is to learn to live well, for not only is competition a way of life – it is life.

Only those who dare to accept the bad with the good, the work with the fun, the sorrow with the happiness, and the defeats with the victories, will ever achieve or accomplish much in the sports world. So it is with life.”

FEATURE TRACK MEETS

March 10, 2007, Soka University Peace Invitational, Soka University, Aliso Viejo, CA Karla Bailey 949-480-4479

March 23-25, 2007- USA Masters Indoor Championships, Boston, MA USATF- NE 617-566-7600

April 1, 2007- John Ward Masters Meet, Santa Ana College, Al Sidon 714-564-7600

April 7, 2007,- So Cal Track Club Masters Meet, CSU Long Beach, Mark Cleary 949-589-0242

May 19, 2007 – Striders' Meet of Champions, CSULB, Brenda Matthews 714- 779-3416

June 2, 2007 – California State Senior Games, Cal Tech Pasadena, Cynthia Rosedale 626-685-6754

June 9, 2007 – SCA Masters Championships, Inland Empire, Andrew Hecker 805-642-3879

June 30 2007, USATF San Diego Masters, CSU San Marcos, Kettrell Berry 619-795-7050

June 30- July 8, 2007 Humana National Senior Games – Senior Olympics, Louisville, KY

July 8, 2007 Trojan Masters, USC Eugene Driver 323-753-1867.

August 2-5, 2007, USA National Masters Outdoor T & F Championships, U. of Maine, Orono, ME 04469. Rolland Ranson, 207-521-1077

September 4-15, 2007, WMA, Riccione, Italy, WMA2007.org

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