

## Striders Place 7<sup>th</sup> at US National Masters Indoor Championships in Landover, MD

A group of ten Striders traveled to Landover, MD, over the St. Patrick's Day weekend to compete in the 2018 US National Masters Indoor Track and Field Championships. Overall, the group finished 7<sup>th</sup> in the team standings, picking up 16 golds, seven silvers, three bronze, and one fourth-place finish.

In the sprints, Amanda Scotti (W60), Jane Barnes (W65) and Kathy Bergen (W75) swept the 60M and 200M races. Kathy also placed first in the high jump, while Jane earned second place in the shot put. LaTanya Glass (W70) won the women's high jump and shot put and finished second in the pentathlon.

On the men's side in the 60M, Damien Leake (M65) finished first with Max Siu (M65) fourth. Hubert Evans (M60) and Don Leis (M85) finished second and third, respectively, in the 60M. Don also picked up a silver medal in the 200M, while Dennis Duffy (M75) placed third in the 400M race. In the final sprint event, Max Siu finished second in the 60M hurdles.

Bert Bergen (M80) and Don Leis (M85) both won their respective high jumps. Don also won the triple jump and long jump, while Bert placed second in the long jump and third in the triple jump. Damien Leake (M65) and Max Siu (M65) also won their long jumps and triple jumps, respectively. Max also finished second to Damien in the long jump.

A group of 13 Striders and family members enjoyed a delightful dinner at the Copper Canyon Grill on Friday night. Thank you, Jeanne, for arranging the meal!