

44th Annual
Southern California Striders Meet of Champions
May 7, 2017
Santa Ana College
 1530 W. 17th Street, Santa Ana, CA 92706



EVENTS SCHEDULE

(Updated 4-17-2017)

Track Events Time Schedule

<u>Time</u>	<u>Group</u>	<u>Event</u>
9:00 AM	All	5000 M Race Walk
10:00	All	3000 m
11:00	All	80H/100H/110H
11:30	All women	400m
11:45	All men	400m
12:00	Women's	1500 m
12:15	Men	1500 m
1:00 PM	Women	100 m
1:10 PM	Men	100 m
1:30 PM	Women's	300H
1:45	Men's	400H
2:00	Women's	800 m
2:10	Men's	800 m
2:40	Women's	200 m
2:50	Men's	200 m
3:00	All	4 x 100M Relay

Field Events Time Schedule

<u>Time</u>	<u>Group</u>	<u>Event</u>
9:00 AM	All	Hammer Throw
	All	High Jump
9 AM – 11 AM	All	Long Jump - Open Pit
10:00 AM	All	Javelin
11:00 AM	All	Pole Vault
12:00 PM	All	Shot Put
12 PM – 2 PM	All	Triple Jump - Open Pit
1:30 PM	All	Discus